<https://www.dandwiki.com/wiki/Paladin_(5e_Creature)> – paladins

<https://roll20.net/compendium/dnd5e/Guard#content> – guard

<https://roll20.net/compendium/dnd5e/Thug#content> – thieves

for apprentices of the church, just take paladin stats and lower AC to 14 and hp to 30, remove all level 1 and 2 combat skills.

<https://roll20.net/compendium/dnd5e/Cult%20Fanatic#content> – shubnigurath cultists, give them eldritch blast

<https://5e.tools/bestiary/mind-flayer-mm.html> - yogsoloth cultist